

World No Tobacco Day: Report

The World No Tobacco Day was celebrated on 31st May, 2022 with great enthusiasm and zeal at the Nair Hospital Dental College, Mumbai. The Report of the same is submitted herewith

1] An expanse display of Handmade posters was exhibited on the ground floor, by the **Department of Oral Medicine & Radiology**, Ground floor patient waiting area.



Every half an hour an announcement in Marathi was made to convey the ill effects of tobacco for patient awareness. A video link <https://youtu.be/cyBA1BwKa68> was released discussing the environmental hazards caused by tobacco. The same was forwarded and shared to both acquaintances and patients.



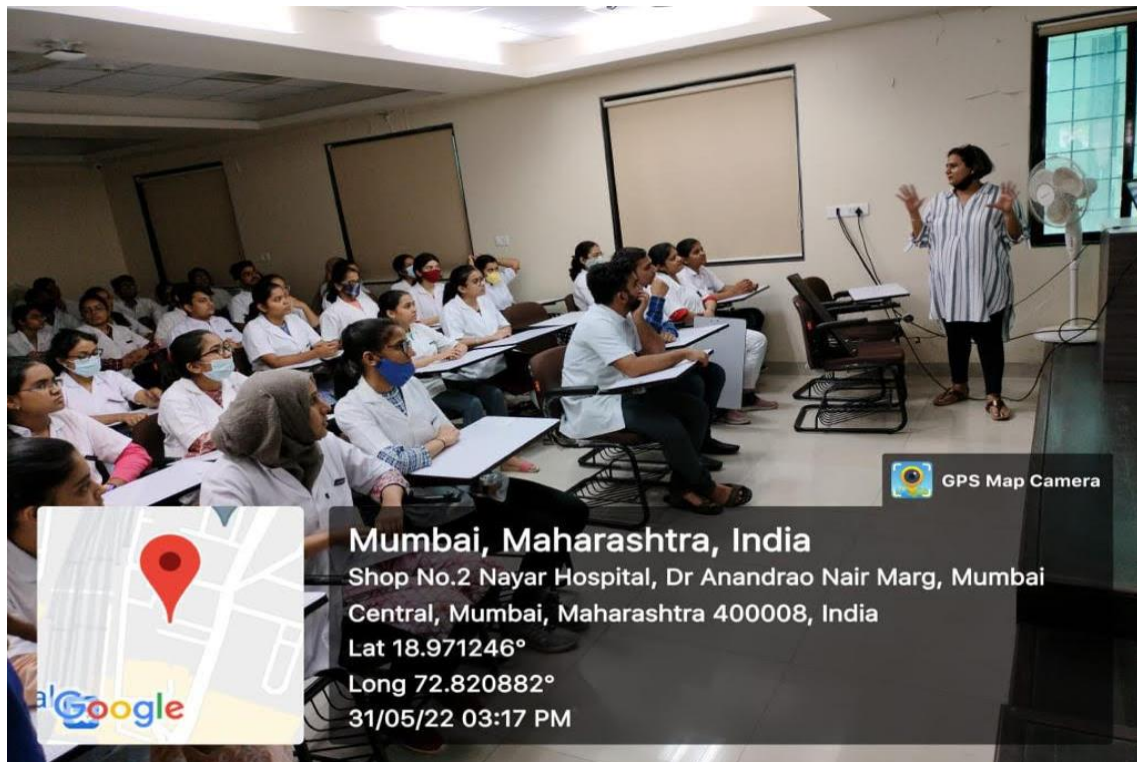
These posters were specially made by the students, post graduates, teachers and non-teaching staffs of the institute by pre registering on the link <https://forms.gle/PWiPoJV4MevvcaXMA> with the theme: “Tobacco: Threat to our environment”. The competition “**Posterz**” was hosted by the Department of Oral Medicine and Radiology on 28th May, 2022. It was held at the 8th floor Boys common room and Girls common room from 10:30 onwards. The participants had to complete the art-work in stipulated time of three hours. Around 48 posters were made in Marathi, Hindi and English – The participants were as follows: First year BDS-13 students, Second year BDS-14 students, Final year BDS: 10 students, Interns: 2 students, Post graduates: 6 students, non-teaching staffs: 3; each exhibiting the perils of tobacco products and various more information on the environmental damage

caused by tobacco. The posters were collected by 3:30pm and kept separately for evaluation. Each participant was presented an e- certificate for their efforts in expressing the ideas for the exhibition. Prizes were distributed to the best posters in the form of certificates.



2] The **Department of Oral Pathology & Microbiology** conducted an Awareness lecture titled “Tobacco and its consequences- An Insight for Young

Minds” for 1st year BDS students. Various forms of tobacco were discussed and harmful products generated due to its use were discussed.



The students were taught about how each state is popular for a particular tobacco product, its various names and mode of use.

Further, an elaborate session of patient education and tobacco cessation awareness activity was undertaken by the Post Graduate students.



3] The Department of Public Health Dentistry Celebrated world no tobacco Day by creating awareness against tobacco consumption with display of banners, posters models at ST Bus Depot Mumbai Central, at BYL Nair

hospital in the Registration area, in the entrance of the Medicine ward on the first floor and in the Registration area of Nair Hospital Dental College.



Information on tobacco cessation was given by the interns along with a performance of a skit to display the ill effects of tobacco consumption. Necessary information to quit tobacco in form of pamphlets was distributed to the general population.



The entire troupe performed a Street-play at the State Transport{St} stand, close to the Mumbai Central station. Since it was a vacation time, many travelling people got information on quitting tobacco. The bus-conductor and drivers who have long hours of monotonous travelling are often known to be habitual consumers of tobacco products. They were given special counselling session to help quit the tobacco habit